



the koram centre
changing lives

Annual Report Executive Summary 2022/23

www.koramcentre.com

3 Mourne Villas, Lower Main Street, Strabane BT82 8BG

t 028 7188 6181 e ad.koram@gmail.com

Introduction

Our vision:

Mental health and wellbeing for all.

Our values:

- We provide a high quality professional service.
- We enable positive outcomes for people who use our services.
- We act with integrity and compassion.
- We engage with and inspire each other.

Our mission statement is:

To offer therapeutic support to those in pain and despair and to promote positive mental health. In furtherance of this mission, the Trustees are committed to the provision of high quality services and supporting people in emotional distress or with mental illness including their families and carers.

Objectives and Activities:

The objectives for which the Koram Centre is established are to act as a non-party-political charitable organisation for the relief and support of sufferers and the families of sufferers from emotional distress or mental health conditions.

In pursuance of these objectives, the Koram Centre has regard to the guidance from the Charity Commission on the provision of public benefit.

The principal activities of the Charity are to:

Provide counselling, psychotherapy, psychosocial support and services of a high standard to service users for those wishing to maintain good mental health, people experiencing emotional distress/and or mental illness, their families and carers.

Staff and Sessional Team

The current staff team is made up of 2 full time posts and 6 part time posts. These include:

Centre Manager (1xFT)
Office Administrator (1xFT, 1xPT)
Clinical Coordinator (2xPT)
Finance Officer (1xPT)
Project Coordinator - Koram Wellbeing (1xPT)
Allotment Care Taker (1xPT)

In addition the Koram Centre is currently supported by a team of 22 sessional counsellors/psychotherapists and 1 complementary therapist. All therapists are accredited with relevant professional bodies.

Project Outputs - 2022/2023

1558 service users supported

**571 referrals to the service for
counselling/psychotherapy support**

**60 individuals engaging in more urgent
support (increased risk of harm)**

**4060 counselling/psychotherapy &
complementary therapy sessions
delivered (574 participants)**

**310 participants supported through social
support programmes**

43 individuals engaged in volunteering

Financial Overview

Income Stream **Amount Received (2022/23) (£)**

TOTAL INCOME **388,368**

This represents an increase of £24,256 from last year (2021/22: £364,112) a 7% rise in income this year.

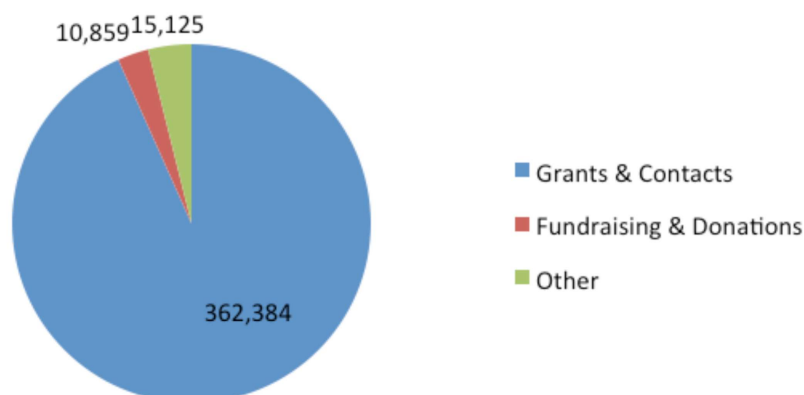
Expenses Stream **Amount Outgoing (2022/23) (£)**

TOTAL EXPENDITURE **332,851**

This represents an increase of £28,600 from last year (2021/22: £305,251) a 9% increase in expenditure this year.

This year the Koram Centre recorded a surplus of £55,517

Income Analysis - 2022/23



Expenditure Analysis - 2022/23

